



# Welcome to Hillside Preschool 4s

An exciting year to get ready for kindergarten and a year of great growth socially, physically, and academically!

## Basic Daily Schedule:

Drop-off  
Center Exploration  
Clean up  
Seatwork  
Playground/Gym  
Art/Bathroom  
Bible Lesson & Song  
Snack  
Coats & Totes/Dismissal

## Circle Time:

Calendar  
Weather  
Flag Salute & Flag Song  
Lesson Introduction (letter, number, seasonal theme) using books and songs

## Socialization:

Getting along and caring for others & empathy! 😊  
Many misunderstandings happen at this age level. A bump or wiggle may be interpreted as “he/she is not my friend/doesn’t like me”  
Teachers work with children to resolve issues and help them to express feelings by using their words.  
We teach playing fair, taking turns & following classroom rules:  
“Be Kind, Be Safe, Be Neat”  
Treating others how we want to be Treated

## Learning Centers:

**Dramatic Play, Dress Up, Puppets:** building social and language skills  
**Science/Discovery Center-water table, magnets, magnifying glasses, books and more:** beginning science skills, hands on exploration corresponding to the letter or topic of the week  
**Computer/Manipulative Center:** basic computer skills using computer and Smart board, building fine motor skills  
**Math Center-number recognition 1-25, counting to 100, sizes, etc:** building basic math skills and concepts  
**Writing/Language Center-using crayons, pencils, paints, puzzles and games:** building writing/language skills  
**Recess-gym/playground:** strengthening gross motor skills and developing group play

## Seat Work:

Worksheets that correspond and reinforce the lesson of the day!

## Independence:

Ability to do simple tasks for themselves  
Take coat on and off  
Use bathroom by themselves  
Speak up for themselves and do their own work!

## Academics:

Recognizing & writing using both upper- and lower-case letters  
Introducing letter sounds  
Number recognition and concepts: 1-25, counting to 100.  
Counting by 2s, 5s & 10s sets  
Sequencing, opposites, simple addition, & other math concepts!  
Simple science activities & making predictions.

## Hillside Preschool Curriculum in Accordance with the Early Childhood Expectations in the State of New Jersey

Our 4-year-old Students Curriculum covers the following:

Introduction to classroom structure & expectations: classroom rules, manners, & respect.

Curriculum- taught through a variety of methods!

Bible stories

Weekly Theme is incorporated into all Learning Centers and Projects!

Basic and geometric shapes

Math Skills: sequence, patterns, opposites, simple addition, simple fractions

Numbers: 1-10 (identify) and 1-25 (write); celebrate 100 Day!

Colors: all colors and color blending

Alphabet: upper- and lower-case recognition and formation

Language: sight words, blended sounds, rhyming words

Read Stories: predication/parts of a book/authors/artists

Pencil Holding: teach & reinforce proper finger grip

Write & identify first and last name

Sign language: simple word

Spanish: themed words

Variety of art projects utilizing many different medium- reflective of letter, number or theme

Both free choice and planned play activities available to children.

Activities to encourage both small and large motor development

Science projects: set up & predictions; insect project: butterflies

Social Skills: encourage positive student interactions through school activities and learning centers to build confidence

Teach & Review 911, health & safety rules

Specials: Chapel, Music, Computers/Smart Board & Read-At-Home Book Program

Days this class meets: Mon-Fri (am), Mon-Fri (pm), or M,Tu,Th,F (am)

Fieldtrips: Fall and Spring

Ministry: (5-day) am - HARP (Hillside Association of Retired People)

(5-day) pm - Adoption of Soldier

(4-day) am - Adoption of Soldier